



**NATIONALLY
ACCREDITED**
SCOUTING AMERICA CAMP


CAMP RAVEN KNOB
ESTABLISHED 1954

**SUMMER CAMP
PARENT'S GUIDE**

27

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Contact Us

From August 1st to May 15th

Adam Moore – Raven Knob Camp Director



adam.moore@ravenknob.com



(336) 760-2900 x204 - Office

Wesley Warden – Raven Knob Assistant Camp Director



wesley.warden@ravenknob.com



(336) 760-2900 x212 - Office

From May 15th to July 31st

Camp Raven Knob



registration@ravenknob.com



(336) 352-4307

Before Your Scout Arrives

Packing List

This is a basic list of items we recommend your Scout bring to camp for the week. We strongly encourage you to watch the weather forecast the week leading up to camp to make any arrangements.

Complete Scout Uniform	T-Shirts	Shorts or Long Pants	Swimsuit(s)
Merit Badge Specific Clothing	Underwear	Socks	Medications
Insect Repellent	Sunscreen	Hat if desired	Sweater or jacket
Extra shoes or boots	Poncho or rain gear	Notebook and pen	Scout handbook
Watch	Washcloth and towel	Toiletry items	Footwear for boating/shower
Sleeping bag	Pillow	Alarm clock (Optional)	Pocketknife
Flashlight	Footlocker, suitcase, or backpack	Laundry bag	Trading Post Money

We strongly recommend that all important items be labeled with the Scout's name and unit number to make them easier to return if lost.

Please note that Camp Raven Knob is not responsible for any lost or stolen goods, please make sure that all valuables stay at home or assume the risk they may not return home.

Dress Code

Scouts are required to wear appropriate clothing and closed-toed shoes while at Raven Knob. Please read our full dress code policy at ravenknob.com/dresscode.

Health and Medical Information

Medical Forms and Permission Forms

Scouting America Annual Health and Medical Record (680-001)

Youth and adult participants are required to bring a completed **Scouting America Annual Health and Medical Record, parts A, B, and C** to camp. This form is available through scouting.org. While at camp, the camp's health lodge staff will keep the unit's medical records on file for the week. The records will be returned to the unit at campfire on Friday evening.

Part C requires that Scouts and leaders have a physical examination conducted by a medical professional (such as an MD or PA) before coming to camp. Please make arrangements for Scouts and leaders to have their physical examination before departing for summer camp. **Any Scout or leader who does not have a completed health form – including the physical exam in Part C – will be restricted from all camp activities until an examination has been given.** There are no provisions for an examination to be given at camp. Each participant's health form must also be signed by all parties (including parents/guardians) in the appropriate places.

As indicated on the form, please attach a copy of each participant's insurance card to their medical form.



Required Medical Forms

All Scouts and leaders are required to have a physical examination before camp.

Scouting America Form 680-001 (Parts A, B, & C)

Personal Insurance Card

Outdoor Programs
Parental Release Form

The only medical form that will be accepted is the Scouting America Medical Form. Other medical forms such as forms completed for school, sports or other organizations will not be accepted.

Outdoor Programs Parental Release (RKSR-R)

Each Scout (age 17 and under) must also have a signed Outdoor Programs Parental Release form (RKSR-R, available at ravenknob.com) to ensure that you are aware of the rigorous nature of activities offered at summer camp. Please attach each Scout's signed form to their medical form and insurance card.

Medications

Medication Storage Policy

All prescription medications (including those needing refrigeration) are to be kept in locked storage and in compliance with local and state laws. According to local laws, it is required that all schedule II Narcotics be secured under dual lock and key in the Health Lodge for participants under the age of 18.

In the campsite, adult leaders may lock prescription medications in whatever way works best for them. If desired, lockable ammo containers are attached to the shelter in each campsite and may be used for this purpose (units will need to provide a lock for the lockbox). The Health Lodge is also able to securely store medications as needed. If sending medication with your Scout to camp, please send it in its original container.

Inhalers and Epinephrine Autoinjectors

We recommend that Scouts and leaders who use inhalers, epinephrine autoinjectors, and other emergency medications carry the medications with them at all times.

Food Allergies

Our dining hall staff regularly accommodates Scouts and leaders with common food allergies such as wheat, peanuts, dairy, or eggs. **If any Scouts or leaders in your unit have specific food needs, please complete the Special Diet Request form (RKSR-D)** and submit it to registration@ravenknob.com.

Merit Badge Schedule

You can find the most recent merit badge schedule [here](#). Please use that reference if you are helping decide which merit badges your Scout is planning to take; for more details on each merit badge, click [here](#).

During Camp

Accommodations at Camp

All of our campsites feature either standard two-person wall tents or Adirondack shelters. Tents accommodate two people and are equipped with wooden floors and two metal-framed cots. Our tents are 8.8 feet in length, 7.3 feet in width, and 6.8 feet in height. Adirondack shelters accommodate six people and have permanent wooden bunk beds and vinyl-covered mattresses.

Trading Post

The Camp Raven Knob Trading Post is the hub for everything your scout might need while at camp. We recommend that each scout bring a minimum of \$80-\$100 to camp to make purchases throughout the week. We take all major credit cards, along with Apple Pay & Google Pay.

On the snack side of the store, we carry bottled and fountain drinks, slush puppies, chips, nachos, popcorn, hot pretzels, microwave pizzas, Hot Pockets, ice cream, candy, and more—most products on the snack side of the trading post are \$3 or less.

On the Store Side of the Trading Post, your scout can purchase life-long mementos and camping gear. We keep t-shirts, hats, hoodies, stickers, magnets, knives, frisbees, and other camping gear in stock. Clothing items run between \$15 & \$40.

Medical Care

Medical Care at the Raven Knob Health Lodge

Camp Raven Knob has a Health Lodge staffed by paramedics and nurses that is open during the day and evening to treat minor illnesses and injuries and 24 hours a day for medical emergencies.

Medical Care Outside of Camp

Camp Raven Knob has a working arrangement with physicians and hospitals in Mount Airy for the treatment of more serious ailments. In these situations, the Scout's parents/guardians will be notified by telephone and their wishes concerning treatment will be respected. Costs of treatment outside of camp will be billed to the person receiving the treatment (or their insurance company).

Communication

Postal Mail

We welcome parents, family, and friends to send mail to scouts during the week. All mail arrives at our Administration Building and is then distributed to units in the mailbox at the Dining Hall. Packages will be distributed at the Administration Building. We do ask that you label your address using the following system indicated.

Rowdy Raven (Scout's Name)
Troop 89 (Scout's Troop Number)
266 Raven Knob Road
Mount Airy, NC 27030

Please **be sure to include the Recipient's unit number** on all mail; this will make sure it is routed to the proper mailbox. Also, include a return address in case a letter arrives at camp after the recipient has left. Mail service is generally dependable, but it is recommended that mail not be sent to camp later than the Monday while the unit is at camp. Postal mail can take from two to five days to reach camp. Any letters or packages that contain currency or valuables should be insured. USPS, UPS, FedEx, and Amazon all regularly deliver to camp.

All mail/packages that arrive late will be sent back as a return to sender; camp will not redirect mail to another address.

Telephone

The camp telephone number is (336) 352-4307. This phone is located in the camp office, and is staffed from 8:30a.m. until 8:00p.m., with the exception of meals and campfires. Unit leaders and parents are welcome to call with any questions about the camp, or in case of an emergency.

Send your Scout a Message

Scouts and leaders can receive special messages from their family and friends while at camp. Messages may be sent to Scouts through the banner on ravenknob.com. Enter the unit Number, Scout name, and message in the form provided, and the message will be printed and delivered to the unit mailboxes at an upcoming meal.

Visiting Your Scout

Visitors' Night at camp is Wednesday evening! Parents, families, and other visitors are welcome to arrive at camp beginning at 5:30pm to visit with their Scout and friends. Many units choose to celebrate by having families bring in a potluck supper or picking up pizza from Mt. Airy. The highlight of the evening's activities is the campfire program and the Order of the Arrow ceremony, which will begin at 8:15 pm in the OA Arena and end around 9:45 pm. The trading post will be available to all guests after and before the campfire, so be sure to stop in for snacks or souvenirs. For more information on Visitor's Night, visit ravenknob.com/visitorsnight.

Other than the Wednesday evenings, parents wanting to see their scout must be coordinated with the troop.

Dietary Restrictions

We understand that sending your Scout off to camp can be stressful, especially for Scouts with food allergies and dietary restrictions. Our dining hall staff regularly accommodates Scouts with common dietary restrictions such as vegetarianism, gluten-free diet, and allergies to wheat, peanuts, dairy, or eggs. Units are required to submit a special diet form which can be found at ravenknob.com; please be sure your summer camp coordinator has your Scouts' dietary needs on the form so we can prepare and order food to accommodate your Scout.

As necessary, individuals with these conditions are encouraged to bring to camp any specialty foods that they may need to supplement our [regular menu](#). Such foods can be stored in our dining hall and should be labeled with the individual's name, unit number, and any specific instructions. We will make every effort to prepare these foods as required and have them ready for the Scout or leader at each meal.

NOTE: ONLY SCOUTS WITH SPECIAL DIETS ARE ALLOWED TO BRING FOOD TO THE DINING HALL.

References

Camp Map

