



# RAMPAGE!



NATIONALLY  
ACCREDITED  
BOY SCOUTS OF AMERICA CAMP



CAMP RAVEN KNOB  
OLD HICKORY COUNCIL, BSA

# PROGRAM SUPPLEMENT



# Table of Contents

<b>RAMPAGE Overview .....</b>	<b>3</b>
Activities.....	3
Schedule Overview .....	3
<b>Equipment Information .....</b>	<b>4</b>
Backpacking Gear.....	4
Canoeing Gear .....	4
Base Camp.....	4
Optional Gear .....	4
Mess Kits .....	4
Additional Notes on Equipment and Gear .....	5
<b>Trip Maps .....</b>	<b>6</b>
Hiking Map.....	6
River Map .....	8



## RAMPAGE Overview

The RAMPAGE!!! program is the ultimate high adventure opportunity for Scouts that attend Camp Raven Knob. At our outpost facility in Independence, Virginia (located on the New River) scouts will have a challenging week ahead of them full of thrill and adventure. Scouts will go canoeing down the New River, climbing at the famous Pilot Mountain, and overnight backpacking on the Appalachian Trail in Grayson Highlands State Park. You can even try out river boarding!

## Activities

*Activities completed each week will vary to due weather conditions.*

Backpacking

Canoeing  
River Boarding

Climbing

## Schedule Overview

### Sunday

- Shakedown
- Dinner at Raven Knob
- Head to RAMPAGE site

### Monday

- Canoeing New River in Independence
- Stay overnight at RAMPAGE site

### Tuesday

- River Boarding New River in Independence
- Return to CRK for the night, staying at Troop's campsite

### Wednesday

- Climbing at Pilot Mountain
- OA Campfire at CRK
- Return to RAMPAGE site after campfire

### Thursday

- Depart to Grayson Highlands for overnight backpacking
- Spend the night in Grayson Highlands State Park

### Friday

- Finish backpacking trip
- Return to RAMPAGE site for cleanup
- Head to CRK for campfire, staying at Troop's campsite



## Equipment Information

### Backpacking Gear

*This gear needs to be able to fit inside of a backpack or be worn on the body*

- Backpack
- Tent (NO HAMMOCKS)
- Sleeping Gear
  - Ground Pad
  - Sleeping Bag/Quilt
  - Pillow
- Water Bottle/Bladder (3 Liters MINIMUM)
- Hiking Shoes/ Boots
- Mess Kit
- Change of Clothes
- Rain Jacket
- Sun Protection
- Compass
- Trail Snacks
- Fire Starter
- Pocket Knife
- First Aid Kit
- Flashlight/ Headlamp
- Trail Safe Toiletries (Biodegradable)

### Canoeing Gear

*This gear needs to be ok to get wet/submerged*

- Swim Trunks/Suit
- Boating Shoes (Closed Toe)
- Drybag/Watertight case (Optional)
- Sun Protection
- Towel

**NOTE:** Do not wear cotton items on the river. Cotton holds water and wicks warmth away from your body. Cotton clothing worn at the campsite is fine and can be quite comfortable after a day on the water

### Base Camp

*This gear will be left at the RAMPAGE site during the week*

- Complete Scout Uniform
- T-shirts
- Shorts/Pants
- Underwear
- Socks
- Facemasks
- Insect Repellent
- Notebook and Pen/Pencil
- Watch
- Toiletries

### Optional Gear

- Trekking Poles
- Camp Booties
- Camp Stove/Cookware
- Personal Boating Gear
  - Paddle, etc.
- Fishing Rod
- Snacks
- Disc Golf Discs
- Solar Charger

### Mess Kits

**You will need to provide your own mess kit.** This should include Cup, Plate, Bowl, Knife, Spoon, and Fork. We will have the pots, pans, “large kitchen” items, etc... So, no need for you to bring those. This does not need to be complicated or expensive, but it does need to last the duration of the Experience. Check out this website for some inexpensive ideas. <https://scoutmastercg.com/a-really-highly-evolved-mess-kit-2/>



## Additional Notes on Equipment and Gear

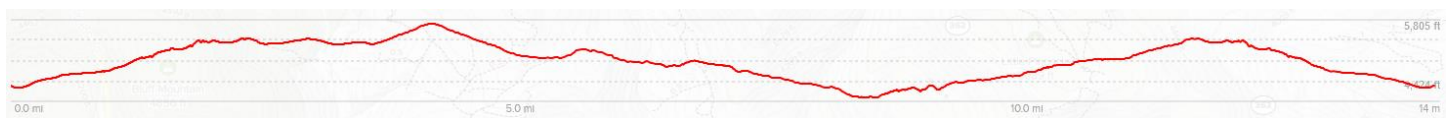
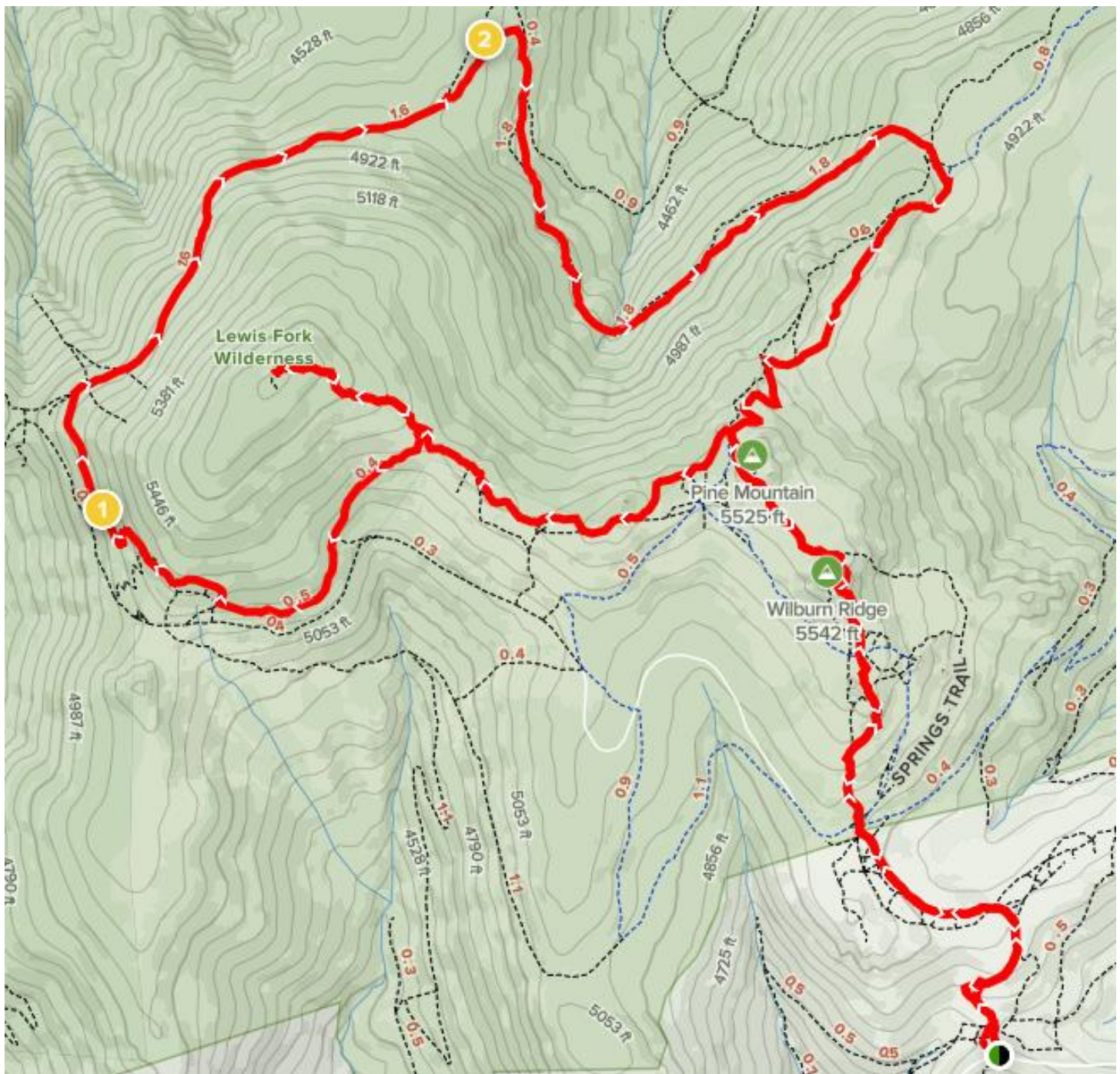
The RAMPAGE! season from June to August is considered summer on the river. Always check weather forecasts prior to arrival and adjust as needed. It is simple in the summer when the sun is out. Water and Air temperatures are generally warm, so your main concern will be to protect yourself from the sun.



# Trip Maps

## Hiking Map

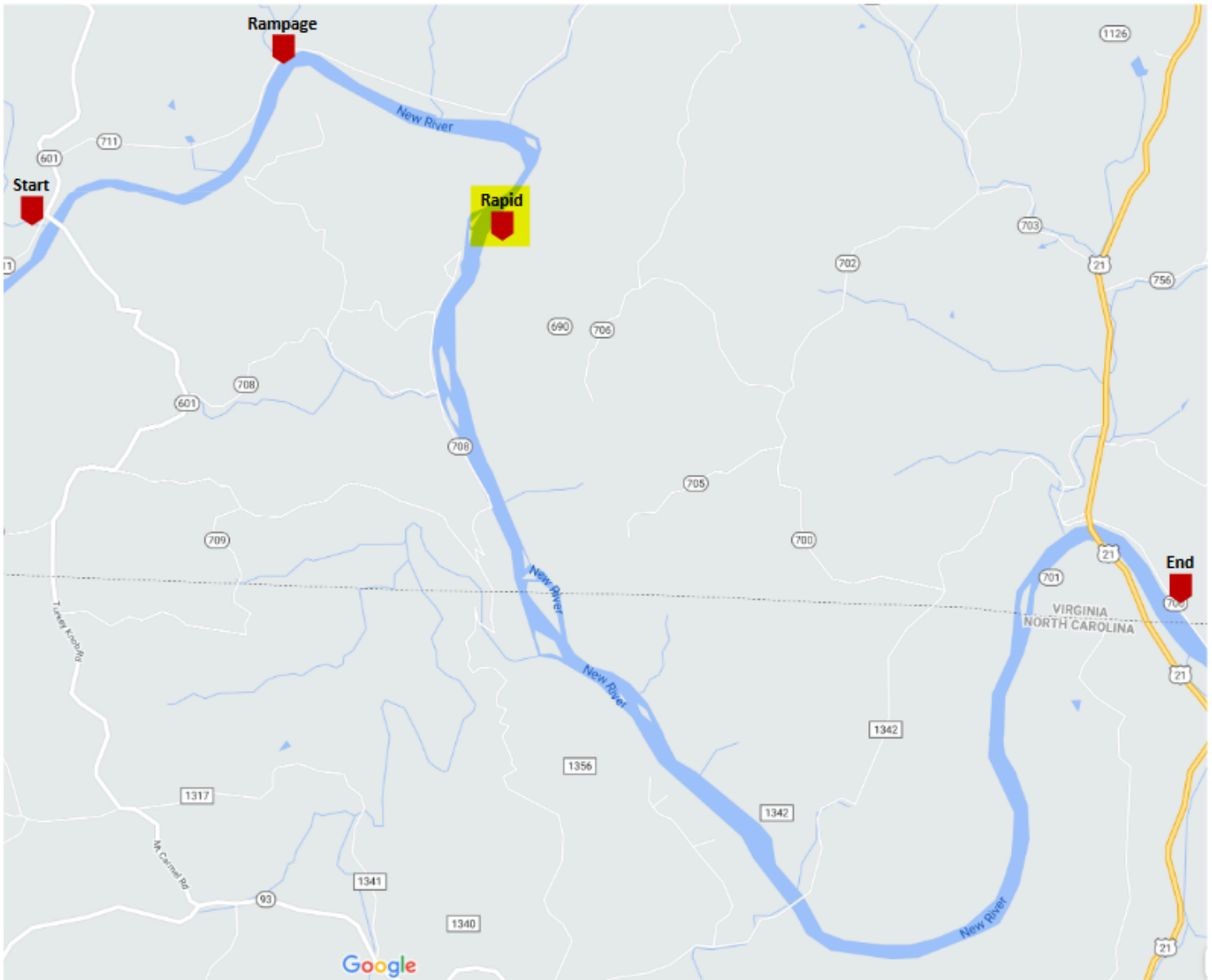
[Interactive Map](#)





<b>DIRECTION</b>	<b>TRAIL</b>	<b>START (very roughly)</b>	<b>STOP (very roughly)</b>
Start	Rhododendron Trl	0.0 miles	0.4 miles
Left onto	Horse Trl N	0.4	0.5
Left onto	Appalachian Trl	0.5	3.7
Right onto	Mt Rogers Spur Trl	3.7	4.6
Right onto	Appalachian Trl	4.6	6.5
Right onto	Mt Rogers Trl	6.5	8.1
Right onto	Lewis Fork Spur Trl	8.1	8.4
Stay Right on	Lewis Fork Spur Trl	8.4	10.0
Right onto	Crest Trl	10.0	10.5 ( <b>CAMP</b> )
Stay on	Crest Trl	10.5	11.6
Left onto	Appalachian Trl	11.6	13.4
Right onto	Horse Trail N	13.4	13.6
Right onto	Rhododendron Trl	13.6	14.1

## River Map



**Start: Bridle Creek Public Boat Landing (Cox's Chapel), Mouth of Wilson, VA 24363**

**End: Independence Boat Launch, Old River Lane, Independence, VA 24348**