RKSR

C

Swim Checks (optional)

Units who have completed swim checks within 6 months before arriving at camp may use this form to record the swimming ability of each Scout and adult leader in order to streamline their Sunday Check-in. Swim checks must be properly administered using the procedures outlined in the Guide to Safe Scouting and Aquatics Supervision (No. 34346) and authorized by a unit leader trained in Safe Swim Defense or Aquatics Supervision: Swimming and Water Rescue, a BSA Lifeguard, or a BSA Aquatics Instructor.

Due Date:
At Check-in

Return to:
Submit Online (ravenknob.com/swimtests) or return paper form to Aquatics Director during check-in.

Unit Number
Council
Week of Camp
Campsite

Swimmers must pass this test: Jump feetfirst into water over the head in depth. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

Beginners must pass this test: Jump feetfirst into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming, and return to the starting place.

Nonswimmers: Anyone who has not completed either the beginner or swimmer test is classifed as a non swimmer.

Name	Non-swimmer	Beginner	Swimmer

Authorized by _____ Date _____

(Unit Leader or Lifeguard as indicated above) Certification Expiration Date _____